



NEPALESE ARMY INSTITUTE OF HEALTH SCIENCES

COLEGE OF NURSING

Bhandarkhal, Sanobharyang, Kathmandu, Nepal

(Operated by Nepalese Army Welfare Fund)



Brochure
2015

INTRODUCTION

Nepalese Army Institute of Health Sciences (NAIHS) was established in 2067 BS (2010 AD). College of Medicine (NAIHS-COM) and College of Nursing (NAIHS-CON) were established under the umbrella of NAIHS with the objectives of imparting quality medical and nursing education and producing disciplined and dedicated health professionals in the country.



NAIHS is a not-for-profit institute of Nepalese Army financed by the Nepalese Army Welfare Fund and managed by the Nepalese Army Welfare Planning Directorate. NAIHS is committed to keep the cost of standard education in medical, nursing and allied fields within the financial reach of majority of the people to enable diligent and talented individuals from all socio-economic strata.

NAIHS-CON currently runs proficiency certificate level and bachelor level programs in nursing and NAIHS-COM runs bachelor level program in medicine. In addition to the programs of NAIHS-CON and NAIHS-COM, NAIHS plans to start academic programs in the College of Medical Polytechnic (COMP), for which a separate complex has been built recently. NAIHS also plans to establish College of Dental Surgery (CODS) in future. Overall, NAIHS strives to address the existing scarcity of medical, nursing and allied professionals in Nepal by encompassing all health related fields.

VISION, MISSION AND OBJECTIVES

The vision of NAIHS is to develop the institute as a centre of excellence and service-oriented premier institution in the field of health sciences fully committed for the nation.



The mission of NAIHS is to provide congenial academic environment to educate competent students in the field of health sciences, generate quality career professional, and continuously improve the quality of health care system for the Nepalese Army as well as for the nation.

The objectives of NAIHS are to

1. Impart different levels of quality medical education and pursue higher education in the fields of Medicine, Nursing, Medical Polytechnic and Dentistry
2. Produce caring, compassionate, ethical, and proficient health care professional imbued with beliefs, values and ideals of the nation
3. Develop progressively as a 'not-for-profit' self-sustained health institution in long term
4. Provide standard general hospital service for beneficiaries and general public with ultra-modern medical amenities and quality health care system at an affordable cost
5. Conduct research in the health sciences by fostering research links and encouraging new responses in delivering health care needs
6. Contribute in the capacity building for effective involvement in trauma, and Humanitarian Assistance and Disaster Relief (HADR)
7. Contribute in generating quality health professionals for national requirements and

for Nepalese Army Medical Corps (NAMC) in particular

8. Provide scholarship for deserving students among the dependents of martyrs, serving, and retired army personnel
9. Seek national and international cooperation and assistance for academic and research oriented development in accordance with rules and regulations of the Nepalese Army

COLLEGE OF NURSING

NAIHS-College of Nursing (NAIHS-CON) is located at Bhandarkhal, Syanobharyang; a city in the north western part of Kathmandu Valley. The scenic views around the college are awe-inspiring with the Swoyambhunath Stupa on its front side and the lush green vegetation of the Halchowk Hill, Ichangunarayan Hill, and Nagarjun Hill in its backdrop. The college environment is quiet and peaceful. The total land coverage of College Compound is over six hectares (117 ropani).



College of Nursing has a separate four storied building which comprises of academic and administrative sections. College building is equipped with three-phase electricity, generator back-up power and has an adequate water supply with its own water purification system.

The college situated only about 500 meters from the Ring road. The distance between the college and Shree Birendra Hospital (Teaching Hospital) is about two and a half kilometres.

ACADEMIC PROGRAMS

The College of Nursing is currently running Proficiency Certificate Level (PCL) Nursing under the affiliation of Council for Technical Education and Vocational Training (CTEVT), Bachelor of Science, Nursing Programme (B.Sc. Nursing) and Bachelor in Nursing Science (BNS) program under the affiliation of Tribhuvan University, Institute of Medicine, (TUIOM). The annual intake of PCL Nursing student is 40, BSc, Nursing student is 30 and BNS Nursing students is 40. All three programs have started from the academic year of 2067/68 (2010-11).

The College of Nursing is preparing itself to start Masters in Nursing program in various subjects from the academic year of 2073/74.



NURSING CURRICULUM

The College of Nursing strictly follows the curriculum of CTEVT for PCL Nursing and curriculum of TU-IOM for B.Sc. Nursing and BNS Nursing Program. The total study period of PCL Nursing program is three years, B.Sc. Nursing four years and BNS Program three years. The total course can be divided into three major domains- Foundation of nursing (Basic Sciences), Nursing professional course (nursing concept, fundamental and other health related), Accessory/general subjects (English, Nepali, sociology etc).

Teaching and learning activities are carried out in didactic session, lecture, group discussions/interaction, demonstration, laboratory practice,

bedside teaching session, and practical session during clinical posting. For the community practice, student of all programs are send to the community (residential and non-residential) as requirement of the curriculum.

ADMISSION

The entrance examination for BNS and BSc Nursing is conducted by Tribhuvan University, Institute of Medicine (IOM) and the entrance examination for PCL Nursing is conducted by the CTEVT (Centre for Technical Education and Vocational Training). Admission is based solely on the merit list of the entrance examination conducted by respective institutions. The distribution of the seat for the intake of students in different programmes is shown in table 1.

FEES AND FINANCIAL STRUCTURE

The details of the fees and financial structure can be obtained from the Account section of College of Nursing, NAIHS. Students will have to pay admission fees, Tuition fees, examination fees, refundable deposits, monthly accommodation and mess charges (only who reside in hostel). Fees such as examination fees, University registration fees and community field practice fees will have to pay by students

Fees, once deposited, shall NOT be refunded under any circumstances.

SCHOLARSHIP

Scholarships are provided in the form of subsidization in tuition fees only under specific categories as shown in table 2. Twenty to thirty percent of the students in an annual intake receive full to partial waiver on tuition fees /scholarship.

Table 1. Distribution of Seats under different categories in Nursing program

| SN | Details | PCL | BNS | B.Sc. |
|----|-------------------------|-----|-----|-------|
| 1. | Serving Army Personnel | | | 3 |
| | a. Officers | 1 | 1 | |
| | b. JCOs | 1 | 1 | |
| | c. Other Ranks | 2 | 2 | |
| 2. | Retired Army Personnel, | 3 | 2 | 2 |

| | | | | |
|----|--|----|----|----|
| 3. | Heroic Death / Death on Duty/100 % disable | 1 | - | - |
| 4. | In Service from Army Medical Corp | - | 4 | - |
| 5. | Ministry of Education/ CTEVT | 3 | 4 | 3 |
| 6. | Reserved for CTEVT | 1 | - | |
| 7. | Reserved for Army personnel | 13 | 12 | 10 |
| 8. | Reserved for Civil | 13 | 12 | 10 |
| 9. | Reserved for International Students | 2 | 2 | 2 |
| | Total | 40 | 40 | 30 |

Table 2: Waiver Percentage

| SN | Details | Waiver Percentage |
|----|---|-------------------|
| 1. | Serving Army Personnel | |
| | a) Officers | 50% |
| | b) Junior commissioned Officers (JCOs) | 65% |
| | c) Other Ranks | 80% |
| 2. | Retired Army Personnel | |
| | a) Officers | 50% |
| | b) Junior commissioned Officers (JCOs) | 65% |
| | c) Other Ranks | 80% |
| | d) Heroic Death / Death on Duty/100 % disable | 100% |
| 3. | Ministry of Education | 100% |
| 4. | Reserved for Army personnel | Full Payment |
| 5. | Reserved for Civil | Full Payment |
| 6. | Reserved for International Students | Full Payment |

TEACHING AND LEARNING ENVIRONMENT

There are separate class rooms for different levels of students and programme. They range from rooms for small groups to large halls to accommodate more than 60 students at a time with the separate desk and chair for each student. They are sound proof, furnished with the latest furniture, and equipped with modern audio-visual aids.

There are three separate nursing skill labs in nursing building complex. They are “Fundamental Lab”, “Midwifery Lab” and

“Community Lab” for the practical demonstration of basic nursing skills. And for Basic Science Practicum of BNS and BSc nursing program, students are using Basic Science Lab of College of Medicine, NAIHS. An auditorium hall with a capacity of 600 is available in the Auditorium Complex for seminars, conferences and other events.

The College of Nursing has a good strength of highly experienced and devoted faculty members with a long teaching carrier. The professionally trained faculty members strive hard to facilitate the process of teaching and learning.



LIBRARY

The Library of the College of Nursing is located at Nursing Complex with the seating capacity of 100 students at a time. The hospital library is located at Shree Birendra Hospital.

The library is well furnished with good lighting system, ventilation, adequate space, and IEC materials. More than 5000 books including relevant journals, magazines, reports and newspaper and electronically retrievable documents are available. Some books and journals can also be accessed through online portals of the publishers and HINARI Access to Research in Health Programme. It also provides the internet/WiFi, photocopy and printing facility to the students in an ambient academic environment. The library remains open from 8:00 am to 8:00 pm. on working days and on Saturday it remains open from 10:00am to 5:00pm.

HOSTEL

The hostel of CON is a modern accommodation facility with four bed occupancy and common bathrooms for each floor. The rooms are spacious and comfortable. The hostel can accommodate 200 students at a time. For each room bed, reading table, chair, wall rack and shelf are provided to each individual students. The facilities include a common mess accommodating 100 students per shift, modern kitchen, recreation room, reading rooms and M.I. (Medical Infirmary) Room in the hostel complex. The security of the hostel is managed by the security personnel of the Nepalese Army. There is residential warden and house mother in the hostel to look after the students for 24 hours.



EXTRA CURRICULAR ACTIVITIES (ECA)

Students of NAIHS-CON are encouraged to participate in ECAs as a part of their mental and physical development. Because of the ample open space within the college premises and a full functional modern gymnasium the students are able to participate in various indoor and outdoor games under the supervision of our experts.



TEACHING HOSPITAL

Medical Services in the Nepalese Army started in 1982 BS (1925 AD) with the establishment of Tri-Chandra Military Hospital (TCMH). TCMH carries the legacy of being one of the first few modern hospitals in Nepal. After the establishment of Shree Birendra Hospital (SBH) in 2045 BS (1988 AD), most of the medical services were shifted to this hospital from TCMH.

SBH, located at Chhauni, Kathmandu, is the teaching hospital of College of Nursing. It is a tertiary level, modern, and referral hospital of the Nepalese Army. It provides all types of medical services to the serving army personnel, retired army personnel, and their dependents. The hospital also provides emergency medical services to civilians.

The Rehabilitation Centre of the Nepalese Army is located on the northern side of the NAIHS complex. It currently provides rehabilitative services to the injured and physically challenged army personnel.

Construction of an ultra-modern 459-bedded Tri-Chandra Army Veteran and Civil Hospital to provide international standard medical care for both civilians and veterans is in full swing at the old TCMH location in Mahankalsthan. This facility will also be an extended teaching hospital for NAIHS, thereby increasing the total bed strength to more than 1000.

TRANSPORT SERVICES

College buses of NAIHS-CON ferry the students from NAIHS to Shree Birendra Hospital for clinical practices. Students living off-campus are picked and dropped by the college buses that run on the ring-road at morning and evening times. College buses are also the means of transportation for the students participating in community field visit.

COMMUNITY ACTIVITIES

College of Nursing students participate in the curriculum based community visits to different VDCs in order to understand the community as a whole in terms of its demographic profile, health indices, health infrastructure, and the health needs. They also learn to draw the community map with the use of available prominent features. They learn to communicate with people of various strata in the society and enhance their leadership qualities. They also participate in various health awareness programs and medical camps.



HEALTH CARE

All students of NAIHS-CON are provided with medical care at Shree Birendra Hospital. A separate Medical Infirmary (MI) room is available in the college complex. Minor injuries and illnesses are managed in the MI room. Students with major medical issues are transported to Shree Birendra Hospital for definitive treatment. Medical services for acute medical and surgical problems are provided for free to the students, but any major chronic illnesses including malignancy, chronic kidney disease, chronic cardiac conditions, and health issues arising while the student is off-campus will have to be dealt by the parents themselves.

AWARDS

In order to promote excellence in academics, extracurricular activities, and discipline, NAIHS has established following awards.

The Best Student of the Year is awarded annually to the most deserving student of each nursing program based on cumulative evaluation of excellence in academic performance, extracurricular activity, and disciplinary record.

Late Lt.Col. Sashikala Rajbhandari Memorial Gold Medal is awarded to a student for overall highest academic performance in the PCL Nursing program.

Medals and running shield are distributed to students with excellent performance in annual sports activities.

COLLEGE UNIFORM

All students of NAIHS-CON are required to wear college uniform during academic hours and clinical hours as recommended by NAIHS, College of Nursing.

COLLEGE RULES

All students of NAIHS-CON will wear the designated uniform during the hours of college, hospital postings, community field postings and on the special occasions as per the direction of the administration. They are expected to be neat, well dressed, and maintain dress etiquettes. The students will have to exhibit good manner, discipline and a high moral character in the college, hospital premises and community field visits. Stern disciplinary actions, such as, various levels of academic suspension and even expulsion from college, can result based on the degree of indisciplinary act.

Attendance and performance in the internal assessments are considered very seriously in NAIHS-CON. The college will not allow students to sit in the university examinations if that student fails to meet the criteria of 80% attendance requirement and a passing performance in the internal assessments.

Any academic or even non-academic issues pertaining to the students' welfare will be heard by the Student Welfare Section, Year Coordinators and beyond, if necessary.

CON Programme at a Glance

| Programme | Duration | Affiliation | Entry Requirements | Total Intake |
|---|-----------------|--------------------|---|---------------------|
| Proficiency Certificate Level (PCL Nursing) | 3 Years | CTEVT | SLC in Second Division (As criteria set by CTEVT) | 40 |
| Bachelor in Nursing Science (BNS) | 3 years | TU, IOM | PCL Nursing passed with 2 years work experience (As per TUIOM) | 40 |
| Bachelor of Science in Nursing (B. Sc. Nursing) | 4 Years | TU, IOM | I. Sc, 10+2 from Biology group securing minimum of 50 % in aggregate (As criteria set by TU,IOM) | 30 |

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