

Nepalese Army Institute of Health Sciences

Nepalese Army Institute of Health Sciences (NAIHS) was established in 2067 BS with the objectives of imparting standard and quality professional medical education. Besides quality medical training, today's need is to produce well disciplined and dedicated medical professionals. With these intents, College of Medicine (COM) and College of Nursing (CON) were established under the umbrella of NAIHS.

NAIHS is a not-for-profit institute of Nepalese Army and is run by the Army Welfare Fund, which is managed by the Directorate of Welfare Planning. The board of advisors of NAIHS comprises of all relevant directorates of the Nepalese Army under the leadership of the Chief of Army Staff (COAS). NAIHS is committed in production of qualified medical professionals not only for the army but for the nation as a whole. NAIHS also understands the need for keeping the cost of medical education at an affordable level for the entire Nepalese population so that diligent and talented individuals from different socioeconomic strata can gain education at different institutions of NAIHS.

As a part of its' continued commitment to produce qualified, well disciplined, and dedicated professionals in different fields of medicine, NAIHS plans to start College of Medical Polytechnic (COMP) and College of Dental Surgery (CODS) in the near future.

College of Medicine

The College of Medicine of NAIHS is located in Bhandarkhal, Sanobharyang; a city within the northwestern part of Kathmandu Valley. The scenic views around the college are awe-inspiring with the Swoyambhunath Stupa on its' front side and the lush green vegetation of the Halchok Hill, Ichangunarayan Hill, and Nagarjun Hill forming the backdrop. The college environment is quiet and peaceful.

The total land coverage of the College of Medicine is over 117 ropani. The main building of the college is a four story-building, which is the Basic Science Complex of the College of Medicine. The other buildings are Administrative Complex, Hostel Complex, and Auditorium Complex. All of these complexes were built using modern and state of the art technologies. The college has three-phase electricity supply with feeder line along with generator back-up system. The college also has good water supply with its' own water purification set-up.

The College of Medicine is only about 500 meters away from the Ring Road. The distance between the college and its teaching hospital, Shree Birendra Hospital, is about two and a half kilometers.

Academic Programs

The College of Medicine is currently running Bachelor in Medicine and Bachelor in Surgery (M.B.B.S.) program under the affiliation of Tribhuvan University. The intake of students in the MBBS program is 100.

The College of Medicine plans to increase the intake of students in its MBBS program in the near future. Initiation of postgraduate programs in the different specialties of Basic Sciences and Clinical Sciences is also in the immediate plans.

Teaching Hospitals of NAIHS-COM

Medical Services in the Nepalese Army started in 1982 BS (1925 AD) with the establishment of Tri-Chandra Military Hospital (TCMH). In 2045 BS, Shree Birendra Hospital was established and most of the medical services were shifted here from TCMH. TCMH carries the legacy of being one of the first few modern hospitals in Nepal.

Shree Birendra Hospital (SBH) is located in Chhauni, Kathmandu. It is the teaching hospital of the College of Medicine. SBH is a tertiary level, modern, central hospital of the Nepalese Army. The hospital has 490 beds and it provides almost all types of medical services to the serving army personnel, retired army personnel, and their dependents. The hospital also provides emergency medical services to civilians.

The Rehabilitation Center of the Nepalese Army is located on the northern side of the College of Medicine complex. It has 28 beds and it currently provides rehabilitative services to the injured and physically challenged army personnel.

Over the next few years, Shree Birendra Hospital will be extended to accommodate 900 beds with the aim of developing the hospital into an ultra-modern hospital that provides international standard medical care. The hospital also plans to extend its medical services to the civilian population.



Teaching -Learning Environment

There are four lecture halls with the capacity of accommodating 150 students at a time, with a separate desk and a chair for each student. The halls are air-conditioned, sound-proof, and are equipped with modern audio-visual equipments.

There are seven departments in the Basic Science Complex of the College of Medicine. Each department has its' own laboratory hall, tutorial hall, and demonstration hall; each hall can accommodate 50 students at a time. The Department of Anatomy has a dissection hall that can accommodate 100 students at a time.

The College of Medicine has a good strength of experienced faculty members in all of its' departments. Faculty members of this college have received their post-graduate trainings from various countries including the United States of America, the United Kingdom, Germany, Japan, South Korea, Pakistan, and India. The faculty members strive hard to facilitate the process of teaching and learning.



Library

The College of Medicine has a separate library with more than 9000 books. There are computer terminals dedicated for literature search in the library. The reading areas are spacious. The library is currently being run in a temporary location in the Basic Science Complex and will be moved to the state of art Auditorium Complex within this year.

Information Technology

The College of Medicine has a separate department of information technology. There are about 25 internet-ready computer terminals in the Department of Information Technology. The department provides photocopy, identity card, and printing services to the students. The entire college premise has been set-up to receive wireless signals for browsing on an individual's computer or mobile device.



Hostel

The College of Medicine has a modern hostel complex. Each room has been designed for double bed occupancy and there is an attached bathroom for each room. The hostel can accommodate more than 200 students at this time. The boys and girls hostel are in separate areas of the hostel complex. There is a dining hall, a modern kitchen along with common rooms with TV. The security of the hostel complex is managed by the security personnel of the Nepalese Army.

Extra-curricular Activities

The College of Medicine holds its annual sports week on the sports field. There are provisions of different outdoor and indoor games within the college complex.

Health Care

All students of NAIHS-COM are provided medical services in Shree Birendra Hospital. A separate Medical Infirmary (MI) room is also available in the college complex. Minor injuries and illnesses are managed in the MI room. Students with major medical issues are transported to Shree Birendra Hospital in the ambulance dedicated for students and staffs of COM. Medical services are provided for free to the students.

Admission in the MBBS Program

The intake of students in the MBBS program is solely based on the merit list of the entrance examination conducted by Institute of Medicine, Tribhuvan University.

Fees and Financial Structure

The details of the fees and financial structure can be obtained from the Finance Section of the College of Medicine, NAIHS.

Students will have to pay admission fees, college fees, examination fees, refundable deposits, monthly accommodation, and mess charges.

Scholarships

The College of Medicine also allocates ten seats for candidates nominated by the Ministry of Education. A few scholarship seats are available for eligible individuals, the eligibility criteria for which have been laid down by NAIHS.

College Rules

All the students of NAIHS-COM will wear the designated uniforms during the hours of college time, hospital postings, and on special occasions as per the directions of the administration. The students have to bear good manners and high moral character in the college and hospital premises. Stern actions are warranted if the college rules are not followed.

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